

Smart-McBrien Mountain Guides
Hut to Hut Ski Touring Gear Checklist

Ski Gear	<input type="checkbox"/> Skis —AT or telemark; skis wider than 105cm at the waist are discouraged
	<input type="checkbox"/> Ski Boots —downhill boots are really not a good idea
	<input type="checkbox"/> Ski Poles
	<input type="checkbox"/> Skins —these should cover most of the ski base, with only 1-2mm showing either side of the skin, especially in the middle third of the ski
	<input type="checkbox"/> Ski Crampons —these are essential; they can make the difference between a great day and an ordeal. They should be a few millimeters wider than the ski waist.
	<input type="checkbox"/> Ski Brakes or Leashes —leashes should be quickly removable
Avi Gear	<input type="checkbox"/> Beacon
	<input type="checkbox"/> Shovel —metal blade only
	<input type="checkbox"/> Probe —240cm minimum length
Technical Gear	<input type="checkbox"/> Boot Crampons —with anti-balling plates
	<input type="checkbox"/> Ice Axe —shorter axes fit better in the pack and save weight
	<input type="checkbox"/> Harness —lightweight and low profile; no gear loops required
	<input type="checkbox"/> Crevasse Rescue Kit —if you have a favorite system, bring it. If not, a good basic setup includes: 2 locking carabiners, 3 non-locking, 1 double-length sling, 2 6m lengths of 6mm perlon cord (cordalette).
Essentials	<input type="checkbox"/> Backpack —35 to 40 liter capacity with a good ski carry system
	<input type="checkbox"/> Headlamp
	<input type="checkbox"/> Extra Batteries
	<input type="checkbox"/> Sunglasses —wrap-around or glacier style with dark lenses
	<input type="checkbox"/> Goggles
	<input type="checkbox"/> Sunscreen and Lip Balm —SPF 25 for the sunscreen; 15 is fine for the balm
	<input type="checkbox"/> Sleep Sack —nylon or silk, usually 4 to 6oz. Available at the first hut.
	<input type="checkbox"/> Toiletries —toothbrush and paste, hand sanitizer, medications, blister kit.



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Clothing	<input type="checkbox"/> Synthetic Underwear —one or two pair
	<input type="checkbox"/> Base layer Bottom —mid- or light-weight
	<input type="checkbox"/> Ski Socks —one or two pair; liner socks for those who like them
	<input type="checkbox"/> Mid-weight insulation —fleece or second light puffy jacket
	<input type="checkbox"/> Windshirt/Soft Shell —this is often what you end up wearing for most of the day
	<input type="checkbox"/> Soft Shell Pants —a stretchy woven fabric like Schoeller makes a really versatile ski touring pant. The cuff should be wide enough to easily fit over touring boot tops.
	<input type="checkbox"/> Hard Shell Jacket —waterproof-breathable fabric; lightweight is fine.
	<input type="checkbox"/> Hard Shell Pants —as above
	<input type="checkbox"/> Light Gloves
	<input type="checkbox"/> Ski Gloves
	<input type="checkbox"/> Puffy Jacket —down or synthetic, medium weight, hood preferable
	<input type="checkbox"/> Buff or Balaclava
	<input type="checkbox"/> Warm Hat —should cover your ears
<input type="checkbox"/> Sun Hat —ball cap or brimmed sun hat	
Optional	<input type="checkbox"/> Water Bottle —you can skip this and just use the bottles in which water is sold at the huts. Bladder systems tend to freeze, so only bring one if you have a tried and tested method for keeping it flowing
	<input type="checkbox"/> Ear Plugs
	<input type="checkbox"/> Small Thermos
	<input type="checkbox"/> Camera
	<input type="checkbox"/> Map, Compass, Altimeter —maps available in Chamonix
	<input type="checkbox"/> Pocket Knife —small is good. Useful for cheese, sausage, apples, bread, etc.
	<input type="checkbox"/> Skin Wax

